

"being strengthened with all power according to his glorious might so that you may have great endurance and patience." — Colossians 1:11

Father, I ask that you strengthen me with all power according to your glorious might so I may have great patience and endurance. Lord, hold me up when I am weak today. Give me strength beyond my own when I'm tired and ready to give up. Help me to keep going until the day is done. In Jesus' name I pray, Amen.

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you." — James 1:5

Lord, please give me wisdom as I am raising my children. Help me to discern the best choices for them and for our family. Guide me to know what your will is for me as a mom. Father, help me to be the mom my children need to raise them according to your will and plan for their lives. In Jesus' name I pray, Amen.

"In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety." — Psalm 4:8

Heavenly Father, I ask you to give me peace to lie down and sleep. Lord, remind me you are always in control and keeping my family and me safe. Grant me your peace that passes all understanding. Hold me close and let me rest fully in you. In Jesus' name I pray, Amen.

"Have you not put a hedge around him and his household and everything he has? You have blessed the work of his hands, so that his flocks and herds are spread throughout the land." — Job 1:10

Father, I ask that you place a hedge of protection around me and around my family. Protect us in every way, Lord: physically, emotionally and spiritually. Remind me of your presence when I feel afraid. Let me rest in your protection and safety. In Jesus' name I pray, Amen.

*"When anxiety was great within me,
your consolation brought me joy."
— Psalm 94:19*

Lord, when I have anxiety great within, I ask that you console me and bring me joy. Strengthen me mentally and emotionally. Give my mind rest.

Help me show my children what good mental healthcare looks like. Father, give me courage to seek help when I need it. Heal me from past hurt and trauma. Remind me always of your goodness and presence in my life. In Jesus' name I pray, Amen.

"Therefore encourage one another and build each other up, just as in fact you are doing." — 1 Thessalonians 5:11

Heavenly Father, thank you for the loved ones you've surrounded me with. Help me to encourage and build them up. Show me how to best communicate with my husband and with my children to strengthen and grow our relationships. Please help my relationships with other people to be healthy and good for me. If someone is hurting my walk with you, help me to realize that and give me wisdom to address it. In Jesus' name I pray, Amen.

"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing." — John 15:5

Lord, I ask that you help me to remain in you and to bear much fruit. I know apart from you I can do nothing. Open my heart and mind to hear you. Help me to know you more completely.

Father, remind me to connect with you during my busiest times. I want to spend time with you. Show me ways I can make that happen. In Jesus' name I pray, Amen.