

**A SHARED JOURNAL FOR
MOMS AND DAUGHTERS**



*Connecting
with Grace*

**By: Stacey A.Shannon
and Lexi Shannon**

Copyright © 2021 by Stacey A. Shannon and Written Creations, LLC

Cover and book design by Stacey A. Shannon and Lexi Shannon
Content by Stacey A. Shannon and Lexi Shannon

All rights reserved. No parts of this book may be used or reproduced in any manner without written permission from the copyright owner except for the use of quotations in a book review.

Introduction

Welcome! We are so glad you are using this journal sample. We've put it together as a mom and daughter team to help other moms and daughters connect with one another.

The two of us have been rocking our mother/daughter journey since Lexi was born in the fall of 2009. We've learned a lot about each other since then and are still learning even now.

We used a journal similar to this one that we both liked but we felt it was missing something. Faith is a big part of our lives, so we wanted to include that in a journal. Our family often has some deep discussions about faith-related topics and it's an important part of our relationship.

And so, the idea for Connecting with Grace was born. We were excited to put this journal together and make it something we love and use. Just like us, we wanted it to be equal parts fun and serious. This is a taste of what the full journal will be like with 50 different sections for moms and daughters.

Each topic has a page for mom and a page for daughter. The journal works best if you print it out. We didn't put dates or days on the journal because that feels like too much pressure. Instead, do it at your own pace. We usually have one of us write in it and then leave it on the other's bed for them to write in and return. Sometimes we return it the next day, and sometimes it takes longer. It really depends on your schedule and what's going on. Do it on your time!

We've also included some blank pages where you can write about whatever you're thinking at the time or something relevant to your relationship specifically.

Agree to be honest and full of grace as you go through this journal together. Both of us are often able to be more open when writing instead of speaking face-to-face. It gives us time to think a bit more about our words. The goal is to connect in a sincere way, even when that means writing something like "It really hurt my feelings when you..."

Enjoy your journey getting to know one another even more. We'd love to hear your experiences and feedback. Drop us a line at [stacey\[at\]writtencreations.com](mailto:stacey[at]writtencreations.com) or connect with us via our blog, FamiliesWithGrace.com.

With love & grace,

*Stacey &
Lexi*

“A cheerful heart is good medicine, but a crushed spirit dries up the bones.” – Proverbs 17:22 (NIV)

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



Share a funny experience that happened recently with your friends.

[illegible]

**“The grass withers and the flowers fall, but the word of
our God endures forever.” – Isaiah 40:8 (NIV)**

[illegible]

[illegible]

“A daughter is God’s way of saying, ‘I thought you could use a lifelong friend.’” – Unknown

[illegible]

“A daughter is God’s way of saying, ‘I thought you could use a lifelong friend.’” – Unknown

[illegible]

“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.” – Matthew 7:7 (NIV)

What is your current favorite TV show?

If you had to wear one outfit for an entire week, what would you wear?

What do you enjoy most about our home?

Who would you most like to sit in a room and talk to for an hour?

Where would you want to go visit if you could go anywhere?



“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.” – Matthew 7:7 (NIV)

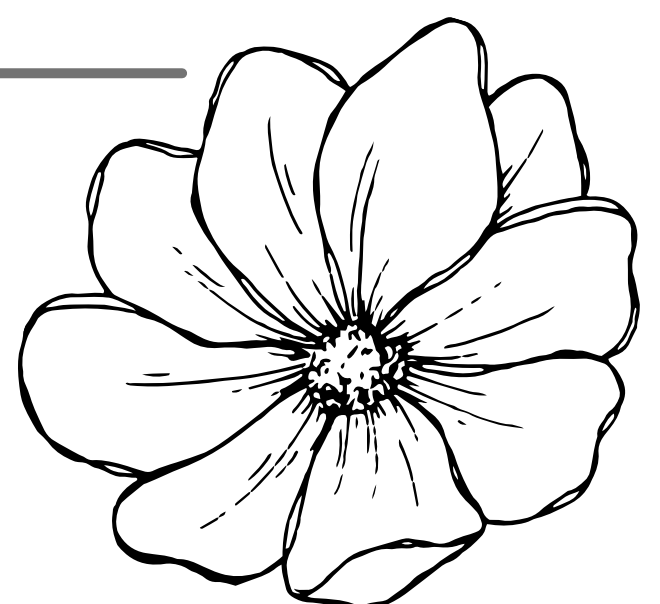
What’s your current favorite channel on You Tube?

If you had to wear one outfit for an entire week, what would you wear?

What do you most enjoy about school?

Who would you most like to sit in a room and talk to for an hour?

Where would you want to go visit if you could go anywhere?



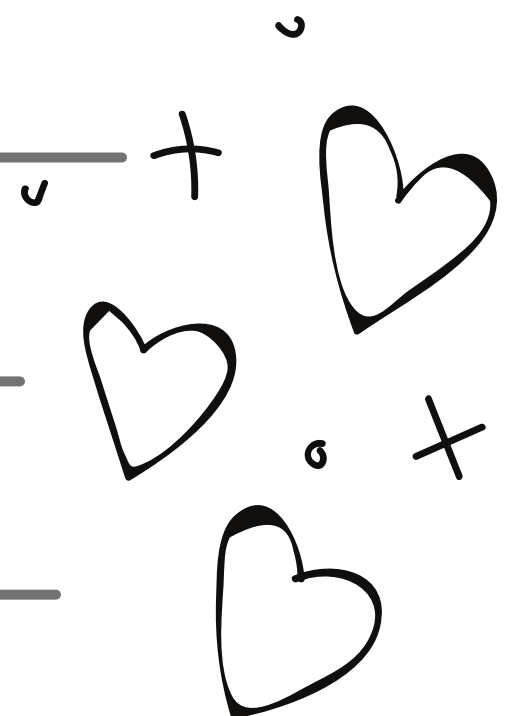
“Above all else, guard your heart, for everything you do flows from it.” – Proverbs 4:23 (NIV)

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.



“Above all else, guard your heart, for everything you do flows from it.” – Proverbs 4:23 (NIV)

Do you have a crush right now? How would you describe a good boyfriend?

[illegible]

About the authors

Stacey A. Shannon is a freelance journalist, editor and blogger who has been published internationally. She encourages parents on their journey to create homes full of grace, faith and love on her blog, FamiliesWithGrace.com. She lives in the Midwest with her husband, two children and dog. When she's not writing, you can find her hanging out with her family, reading books, playing games or baking up treats. She loves Jesus and encouraging others through writing.

Lexi Shannon is a middle school student who writes regularly on her own blog, Girls with Grace, which is a section of FamiliesWithGrace.com. She is an avid reader and enjoys encouraging other tween girls to be true to themselves as they grow in their relationship with God. She lives in the Midwest with her parents, brother and dog.